

**GO DEEPER**

**BOTTOM LINE**

**WHEN WE ARE UNDER  
PRESSURE, GOD IS  
FAITHFUL**

**MEMORY VERSE**

But we have this treasure in jars of clay to show that this all-surpassing power is from God and not from us. We are hard pressed on every side, but not crushed; perplexed, but not in despair; persecuted, but not abandoned; struck down, but not destroyed.  
**2 Corinthians 4:7-9 (NIV)**

**DAILY DEVOTIONS**

**DAY 1: THE WALLS FELL DOWN**

*READ - Joshua 6:1-5, 20*

Would it have felt a little strange to just walk around the city one time each day for six days in silence, and then seven times on the seventh day and shout and blow trumpets?! Probably. But looking back, we can see how faithful God was to the Israelites. God is still faithful to His people. He knows that sometimes we will come up against giant walls in our lives, and He has a plan for how to help us. **Remember: When we are under the pressure of fear, God is faithful!**

**DAY 2: GOD IS FAITHFUL**

*READ - Deuteronomy 31:6*

Moses reminded the Israelites that God was with them. God is faithful and He keeps His word. He will never let us down, even when we come up against "walls" or tough situations that seem too difficult in our lives. Today make a list of things in your life that feel like "walls" or hard things. Then ask God to show you how He wants you to be strong and courageous in that situation. **Remember: When we are under pressure, God is faithful!**

**DAY 3: NEW EVERY MORNING**

*READ - Lamentations 3:22-23*

Faithfulness is a part of who God is. God doesn't change no matter what is happening in your life. God's faithfulness is new and fresh each day. How great is it that God promises to be with His children every day! Ask God to help you to be faithful to Him. As you go throughout your day ask God, "What do you want me to do for you today?" Then be faithful and obey what God tells you. **Remember: When we are under pressure, God is faithful!**

**DAY 4: PRAISE HIM FOR HIS FAITHFULNESS**

*READ - Psalm 118:1-15*

Even though the Israelites went through some really hard times, and even grumbled and complained sometimes, God was still faithful to them. Sometimes it's easier to praise God for His faithfulness when life is easy; but the truth is that during hard times God is still good and faithful. Next time you are facing something difficult, stop and find ways to thank God for His faithfulness. **Remember: When we are under pressure, God is faithful!**

**DAY 5: FOLLOW GOD'S EXAMPLE - BE A FAITHFUL FRIEND**

*READ - Deuteronomy 7:9, Proverbs 3:3*

Make a promise to someone who needs your help and then be faithful to follow through and do it! Share with them how God has been faithful to you and why it motivates you to be faithful to others. This week ask God to help you to be faithful to do everything you say you will do. **Remember: When we are under pressure, God is faithful!**



## FAITHFUL AS FALLING

*Materials: Household Items*

Gather the following items: q-tips, a penny, cotton balls, paper clips, pen, eraser, and small stuffed animal.

Take turns holding the items in the air and letting go. If you change the way you drop them does anything change in how they land? You will notice that no matter how you drop them, they always land on the floor. It's impossible for them to land on the ceiling or on the wall. Why is that so? Because gravity pulls objects down. Gravity is totally dependable--it pulls things down. Another way to put it is to say that "gravity is always faithful to pull things down."

Talk about what you saw and why it is a reminder of faithfulness. God is completely faithful in every way. We can always trust Him to do what He says He'll do.



## ACT IT OUT

*Materials: Toilet Paper Roll, Art Supplies, Household Items*

Make a trumpet using an empty toilet paper roll. You could also utilize a rolled up piece of paper, taped to hold together. You can decorate your trumpet with stickers or by coloring it.

Build the city of Jericho using pillows, blocks, Legos, books, or whatever you can find. Pretend you are in Joshua's army. March around the "city" you just built, six times in a row, but taking a break after each one. Then, the 7th time (representing the 7th day), walk around the city seven times and blow your trumpet. After the 7th time, shout and knock down the city of Jericho!

God gave the Israelites very specific directions to follow. They were faithful in obeying God's directions and God was faithful in giving them victory over the city of Jericho!



## BUILD YOUR WALL

*Materials: Mini Marshmallows, Toothpicks*

Build your own wall of Jericho using marshmallows and toothpicks. How tall can you make it before it falls? Can you make a strong enough wall that it will stand on its own?

The wall of Jericho looked impossible to defeat. They were massively tall and thick. No human army stood a chance against such a wall! God told the Israelites the walls would fall. Talk about pressure! But God didn't ask them to defeat the walls with their strength. God wanted them to obey Him and watch His power at work.

Where in your life do you want and need to see God's power at work? Look at the wall you built. Take a moment and talk to God telling Him where you want to see His faithfulness in your life. Then smash your wall as a reminder that when you are under pressure, God is faithful!

Read more about the walls of Jericho and some amazing facts historians have discovered at:  
<https://answersingenesis.org/archaeology/the-walls-of-jericho/>